Insurance coverage tip
Before ordering any supplies or replacements, we recommend contacting your insurance provider to make sure the parts you need are covered under your plan.

Mask part replacement tips
These replacement schedule guidelines are based on the current Medicare replacement schedule.

Every 14 days
- Nasal mask cushions
- Nasal pillows mask cushions

Replacing your mask cushions on a regular basis is important for hygiene, and to ensure that your therapy is as clean, comfortable and effective as possible.

Every 3 months
- Mask frame systems

Frame systems are in close proximity to your face and should be replaced regularly to keep therapy effective and hygienic.

Every month
- Full face mask

Every 6 months
- Mask headgear

Headgear can become stretched out and lose elasticity with regular use, which can lead to over-tightening and discomfort. Bacteria from sweat and moisture can also build up over time.
CPAP machine & accessories replacement tips

These replacement schedule guidelines are based on the current Medicare replacement schedule.

**Every 14 days**
- Air filters

Filters can wear out with use. Dirt and dust can also build up over time, which can lead to blockages and unsanitary conditions.

**Every 3 months**
- Air tubing

Tubing can develop small holes or tears over time, which can cause air leaks.

**Every 6 months**
- Humidifier water tub

Tubs can become discolored, cloudy, pitted or cracked which can trap bacteria.

**Every 5 years**
- CPAP, APAP and Bilevel machine

Replacing your machine every 5 years will help ensure you continuously receive your prescribed therapy and can take advantage of new technology, enhanced comfort settings and exclusive therapy tracking apps from each ResMed machine release.

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Need help replacing your CPAP supplies?

All ResMed CPAP supplies and replacement parts can be purchased separately through CPAP equipment stores across the United States or at an online retailer.

[CPAP stores near me](#)  [Buy supplies online](#)